## MIND AND BODY PAIN CLINIC

2516 Samaritan Drive, Ste. M San Jose, CA – 95124 *T*: (408) 356-5900 *F*: (408) 356-5902

## **NEW PATIENT INSTRUCTIONS**

## **CLINIC VISIT**

Please come in 20 minutes before your appointment. This will allow you to fill in registration forms, history forms, privacy forms, consent to treat forms etc. Our staff will be happy to assist you with these procedures.

To save time you can go to our website—www.mindandbodypain.com and print out the forms and fill them out ahead of time.

Please remember to bring verification of Insurance benefits (insurance card) any letters from your treating physician, MRI, XRAY, CT scans. If you have any old medical records relating to your pain complaint including procedures done these would be helpful also to develop your personal comprehensive pain management plan.

Please expect to pay any co-pays at time of service per your insurance benefits – we only accept cash.